STATE OF THE STATE

Regarding Underage Drinking in Kansas

KS Leadership to Keep Children Alcohol Free

A statewide committee working to educate the public about the impact of early alcohol use and to energize key policy and opinion leaders toward making the reduction of alcohol use by youth a state priority.

Contents

Page 2	About the State of the State
	The Effects of Underage Drinking
	Underage Drinking in Kansas
•	Economic Impact of Underage Drinking
Page 5	Current Kansas Policies to Reduce Youth Access
•	Additional Policy Changes to Reduce Underage Drinking
-	Other Effective Strategies
0	
0	Committee Membership

About the State of the State

This white paper was developed by the Kansas Leadership to Keep Children Alcohol Free, a statewide committee that is coordinated by Kansas Family Partnership, Inc. This resource is designed to inform communities and state leaders of the costs associated with underage drinking and about the impact it has on Kansas youth and communities. This document is based on current data and research and national reports including: the National Academy of Sciences Institute of Medicine, "Reducing Underage Drinking: A Collective Responsibility," (2003), and "The Surgeon General's Call to Action to Prevent and Reduce Underage Drinking 2007." It also provides recommendations on how Kansas can reduce the costs associated with underage drinking.

This white paper is also available for downloading at: <u>http://www.kansasfamily.com/getinvolved-ksleadership.cfm</u>

The Effects of Underage Drinking

Underage drinking is a leading contributor to death from injuries, which are the main cause of death for people under the age of 21. Each year, approximately 5,000 young people under the age of 21 die as the result of underage drinking in the United States.¹ This includes about 1,900 deaths from motor vehicle crashes; 1,600 as a result of homicides; 300 from suicide, as well as hundreds of other injuries such as falls, burns, and drowning.¹ In Kansas, alcohol-impaired drivers under the age of 21 were involved in 556 crashes resulting in 18 deaths and 354 injuries during 2008.² While those under 21 constitute less than 10% of the Kansas driving population, this age group is involved in 16% of all alcohol-related crashes.²

New research indicates that the brain is not fully developed until the mid-20's. Introducing alcohol to the developing brain puts youth at greater risk for unintentional death, suicide, injury and risky sexual behavior.³ Underage drinking can interfere with school attendance, disrupt concentration, damage relationships with parents and peers, and potentially alter brain function and/or other aspects of development, ALL of which have consequences for future success in such areas as work, adult relationships, health, and overall well-being.⁴

Young people who begin drinking before the age of 15 are:

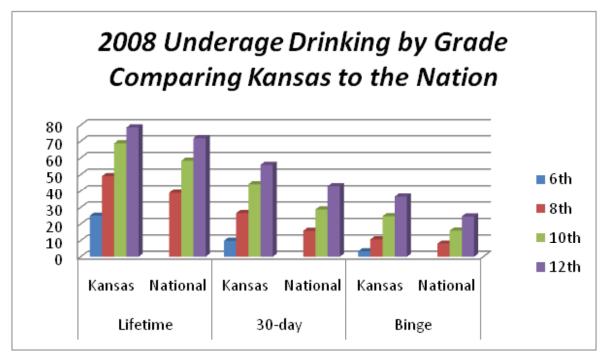
• Four times more likely to develop alcohol dependence than those who begin drinking at age 21;⁵

• Two-and-a half times more likely to become abusers of alcohol than those who begin drinking at age 21.⁶

Underage Drinking in Kansas

Alcohol use rates among Kansas youth <u>exceed</u> the national average.⁷ Kansas rates are⁸:

- 10% higher for 8th and 10th graders for lifetime alcohol use;
- 9% to 15% higher for alcohol use in the last 30-days by 6th, 8th, 10th and 12th graders;
- 2.6% to 12% higher for binge drinking for all age groups.^{7,8}



*NOTE: National survey does not include 6th grade.

Positive trends have been seen related to the availability of alcohol. There has been a downward trend since 1997 of students who report it is "very easy" to get some beer, wine or hard liquor. Access, however, increases with age with 29.2% of 10th graders and 42.4% of 12th graders reporting alcohol is easy to get.⁸

• Treatment Issues - Youth under the age of 21 accounted for 25% of all treatment admissions for alcohol abuse.⁹

Economic Impact of Underage Drinking

Underage drinking cost the citizens of Kansas \$727 million in 2007. These costs include medical care, work loss, and pain and suffering associated with the multiple problems resulting from the use of alcohol by youth. Youth violence and traffic crashes attributable to alcohol use by underage youth in Kansas represent the largest costs for the state. However, a host of other problems contribute substantially to the overall cost. For example, fetal alcohol syndrome (FAS) among teen mothers alone costs Kansas \$12.1 million per year.¹⁰

Kansas spends only **0.27 percent of its budget on** substance abuse and addiction **prevention**, **treatment and research**¹² - but **spends 17.4%** of its total state budget **on the burdens** of substance abuse and addiction.¹³

For every \$100 Kansas government spends on substance abuse and addiction¹¹:

- \$98.13 is spent on the burden of underage drinking to public programs;
- \$ 1.55 is spent on prevention, treatment and research;
- \$0.32 is spent on regulation and compliance.

Costs of Underage Drinking by Problem, Kansas 2007 (Total Costs in Millions)				
Vouth Violance	\$458.0			
Youth Violence				
Youth Traffic Crashes	\$117.8			
High-Risk Sex, Ages 14-20	\$ 49.6			
Youth Property Crime	\$ 31.2			
Youth Injury	\$ 28.7			
Youth Alcohol Treatment	\$ 25.8			
FAS Among Mothers Age 15-20	\$ 12.1			
Poisonings and Psychoses	\$ 4.1			
TOTAL	\$727.3			

Kansas falls behind other states:

- Kansas ranks 17th among all states and the District of Columbia on what it spends on the per capita burden of substance abuse and addiction (\$432.05 per capita); ¹³
- Kansas **ranks 31st** among all states and the District of Columbia in per capita spending on substance abuse prevention, treatment and research.¹²

Treatment Costs - In fiscal year 2009, 905 persons under the age of 21 received treatment for alcohol abuse. At an average cost of \$1,637 per client, including those that received only an assessment, the **treatment for underage drinking alone cost the state \$1,481,485.**⁹

Current Kansas Policies to Reduce Youth Access to Alcohol

Kansas is among many states that have enacted strong policies designed to reduce youth access to alcohol.

Issue	Summary	 Penalties Minimum fine \$200 Fine up to \$500 Up to 1 month in county jail 40 hours community service or attend alcohol class Driver's license suspended for minimum of 30 days and up to one year 	
K.S.A. 41-727 Minor in Possession and/or Consumption	• Unlawful for anyone under 21 to possess, consume, obtain, purchase or attempt to obtain or purchase alcoholic liquor or cereal malt beverages except as authorized by law.		
K.S.A. 8-260 Section (a) (1) False or Altered I.D.	• Unlawful to display or possess fictitious or altered driver's license/state I.D.	Fine up to \$1,000Up to 6 months in county jail	
K.S.A. 8-260 Sections (a) (2) & (3) Borrowed Identification	 Unlawful to lend or allow another to use a driver's license/state I.D. Unlawful to display a driver's license/state I.D. belonging to another person. 	Fine up to \$2,500Up to 1 year in county jail	
K.S.A. 8-260 Section (a) (5) Fraudulently Apply for Driver's License or State I.D.	• Unlawful to fraudulently apply for a driver's license or state I.D.	 Felony – Severity Level 9 Fine up to \$100,000 Up to 17 months in prison 	
K.S.A. 8-260 Section (a) (7) & (8) Reproductions of Identification	• Unlawful to reproduce or to display/ possess a reproduced driver's license/state I.D.	Fine up to \$2,500Up to 1 year in county jail	
K.S.A. 8-260 Section (c) Fake, Altered, or Borrowed Identification Used by Person Under 21 to Purchase Alcohol	 Unlawful to lend to or allow person under 21 to use driver's license to purchase liquor or purchase/consume beer. Unlawful for person under 21 to possess or display false or altered driver's license/state I.D. to purchase liquor or beer. 	 Minimum fine \$200 Fine up to \$2,500 Up to one year in county jail Minimum of 100 hours of public service 	
K.S.A. 8-1567a Zero Tolerance	• Unlawful for person under 21 years of age to operate or attempt to operate a motor vehicle with a breath or blood alcohol content of .02 or above.	• Driving privileges suspended 30 days on first offense and 1 year for subsequent offense	
K.S.A. 21-3610 Furnishing Alcohol to Minors	• Unlawful to directly or indirectly sell to, buy for, give or furnish any alcoholic liquor or beer to any minor.	 Minimum fine of \$200 Fine up to \$1,000 Up to 6 months in county jail 	
K.S.A. 21-3610c Hosting Minors	• Unlawful to host minors consuming alcoholic liquor or cereal malt beverages at a person's residence, land, building or rented room.	 Minimum fine of \$1,000 Fine up to \$2,500 Up to 1 year in county jail 	
K.S.A. 41-2905 Keg Registration	 Retailers required to affix a keg identification number and record the keg number, date of sale, purchaser's name and address and the number of the purchaser's driver's license. Unlawful to remove or destroy keg identification label/to possess key without I.D. label. 	 Suspension of retailers license Fine up to \$1,000 Fine up to \$1,000 Up to 6 mos. in county jail 	

Additional Policy Changes That Will Reduce Underage Drinking

- Increase Excise Taxes
- Tax Alcopops as Spirits
- Dedicate Funds for Prevention

Increase Excise Taxes

Kansas should increase excise taxes on alcohol. In a 2003 groundbreaking report called "Reducing Underage Drinking: A Collective Responsibility," the National Academy of Sciences Institute of Medicine (IOM) recommended raising excise taxes to reduce underage consumption and to raise additional revenues for prevention and treatment. The report recommends that top priority be given to raising beer taxes, and that excise tax rates for all alcoholic beverages are indexed to the consumer price index so that they keep pace with inflation without the necessity of further legislative action.¹⁴

Studies show that when states raise the tax on alcohol, underage drinking declines. Additional studies indicate that tax increases will result in fewer cases of alcohol dependence, deaths, rapes, aggravated assaults, robberies, incidents of severe violence against children, and cases of fetal alcohol syndrome each year.¹⁵

Alcoholic beverages are far cheaper today than they were in the 1960's and

1970's (after adjusting for overall inflation). There is strong and well-documented research that raising the price of alcohol impacts underage drinking in the following ways:

- Young adults are more responsive to price increases than adults.¹⁶
- Higher beer prices result in reduced youths' decisions to drink.¹⁷
- Increased price reduced frequency and quantity of underage alcohol consumption.¹⁸

Kansas has not raised the beer excise tax since 1977 and it has lost 72% of its

value since that time. If the tax had kept pace with inflation the excise tax on beer would be \$0.64 per gallon rather than the current tax of \$0.18 per gallon.¹⁷

The Marin Institute has developed a tax calculator that estimates the revenue that would be generated based on the amount of tax increase by drink, litre, gallon or 31 gallon barrel measurements.

If the beer tax was calculated at \$0.64 per gallon or \$0.46 more than the current rate of \$0.18, the increase in excise tax revenue would be¹⁷:

	TOTAL	
Excise Tax Revenue Increase	\$27,000,000	
Change in Sales Tax Revenue	\$ 767,000	
TOTAL	\$27,767,000	

If the per drink excise tax was raised \$0.10 for a glass of beer, wine or spirits, an estimated **\$97,381,400** in revenue would be generated.

	Beer	Wine	Spirits	TOTAL
Excise Tax Revenue Increase	\$61,400,000	\$6,230,000	\$27,700,000	\$95,330,000
Change in Sales Tax Revenue	\$ 1,720,000	\$ 92,400	\$ 239,000	\$ 2,051,400
TOTAL	\$63,120,000	\$6,322,400	\$27,939,000	\$97,381,400

Kansas falls behind other states in the amount it levies on alcohol.

The national average excise tax for wine is \$.80 per gallon. The current Kansas tax is \$0.30.

• Thirty-six states have excise taxes for wine higher than Kansas.²⁰

The national average excise tax for spirits is \$6.72 per gallon. The current Kansas tax is \$2.50.

• Forty states have excise taxes for spirits higher than Kansas.²⁰

Tax Alcopops as Spirits

Alcopops should be taxed and sold as distilled spirits (at much higher rates) because they do in fact contain spirits. Although the alcohol industry claims alcopops are "flavored beers," the products don't taste or look like beer. Unfortunately, in many states, alcopops are being sold as beer, making them cheap and more available than if the products were properly classified as distilled spirits.

Dedicate Funds for Prevention

Kansas should dedicate funding for substance abuse education and prevention. Investing in prevention will save the state money by avoiding the costs we currently pay for alcohol-related traffic injuries and fatalities, educational failure, sexually transmitted diseases, crime, domestic violence, and child abuse.

Currently Kansas has variable funding that is dedicated to treatment and rehabilitation that is based on sales, but has no dedicated funding for education and prevention or enforcement and administration.

Kansas could employ any one of the following methods to dedicate funding to prevention:

- Specify a percentage of the overall money collected; or
- A specific tax rate is applied to the sales of alcoholic beverages; or
- Allocate a fixed amount plus a percentage of money collect from sales.

It is time to take a new approach. If we want to stop spending more money on the problems related to underage drinking, greater focus and funding must be directed at preventing the associated problems.

Other Effective Strategies

Underage drinking cannot be successfully addressed by focusing on youth alone.

Youth obtain alcohol – either directly or indirectly – <u>from adults</u>. Therefore, **efforts to reduce underage drinking must focus on adults as well as youth, and must engage society as a whole.** Additional efforts on the part of schools, families, other adults and the community at large will be necessary to reduce the use of alcohol by youth.

Schools – Monitor substance abuse and risk and protective factors among students. Engage in school improvement efforts, and develop and enforce strict "no use" policies for all students. Participate in the Kansas Communities that Care Survey to obtain data that can be used for school improvement efforts.

Parents – **Educate yourselves and talk to your child about underage drinking** – The more parents talk with their youth about underage drinking, the less likely they will become harmfully involved.²¹ Unfortunately, less than half of Kansas's students (46.9%) report they have talked to their parents about alcohol, tobacco and other drugs in the past year.

Adults - Reduce access/Don't provide alcohol to youth–Nearly 22.4% of Kansas students report alcohol is "very easy" to get.⁷ Nationally, 65% of youth report that they get their alcohol from friends and family.²² Get involved in a local coalition to reduce underage drinking, financially support local efforts and advocate for funding for effective substance abuse prevention programs, practices and policies.

Government Funded Programs – Screen for substance use disorders and offer effective interventions to every person entering a government funded health service, criminal justice or social welfare setting. Screening, brief interventions and referral to treatment (SBIRT) reduce the long-term costs of addiction and have shown reductions in hospitalizations.²³

Community Involvement – Our words and our actions define what is acceptable and what is not acceptable to our youth. Educating all sectors of the community (business, community agencies, community coalitions, faith community, health agencies, law enforcement, media, parents, schools and youth) about the impact of underage drinking and building local support for effective programs, aggressive enforcement, and prosecution of underage drinking laws will reduce underage drinking and create healthier communities.

Support Enforcement - State and localities should implement enforcement programs to deter adults from purchasing alcohol for minors such as the routine shoulder tap or other prevention programs targeting adults who purchase alcohol for minors; as well as high visibility enforcement of laws against selling by retailers and furnishing or hosting by other adults.

References

1. Institute for Health Policy, Brandeis University. Substance Abuse: The Nation's Number One Health Problem: Key Indicators for Policy. Princeton, NJ, Robert Wood Johnson Foundation, 1993.

2. Kansas Department of Transportation 2008 Data.

3. Dahl, R., and Hariri, A. "Frontiers of Research on Adolescent Decision Making—Contributions from the Biological, Behavioral, and Social Sciences." Background paper prepared for the Planning Meeting on Adolescent Decision Making and Positive Youth Development: Applying Research to Youth Programs and Prevention Strategies, April 2004. National Research Council/Institute of Medicine Board on Children, Youth, and Families, Committee on Adolescent Health and Development.

4. Masten, A.S.; Roisman, G.I.; Long, J.D.; et al. Developmental cascades: Linking academic achievement, externalizing and internalizing symptoms over 20 years. *Developmental Psychology* 41:733–746, 2005.

5. Grant and Dawson 1977, "Surgeon General's Call to Action to Prevent and Reduce Underage Drinking, 2007."

6. Hawkins et al. 1997; Robins & Przybeck 1985; Shulenberg et al. 1996s, *Journal of Substance Abuse* 9:103-110.

7. Monitoring the Future: National Results on Adolescent Drug Use 2008.

8. Kansas Communities that Care Survey 2009, <u>http://beta.ctcdata.org.</u>

9. Kansas Social and Rehabilitation Services - FY09 data from SRS Block Grant and Medicaid funded clients, ValueOptions of Kansas[®] Claims Extract.

10. Miller, T. R.; Levy, D. T.; Spicer, R. S.; and Taylor, D. M.; *Journal of Substance Abuse*, Vol. 67, Issue 4, pgs. 519-528 (2006) <u>http://www.udetc.org/factsheets/Kansas.pdf.</u>

11. The National Center on Addiction and Substance Abuse (CASA) 2009 Report - Shoveling Up II – The Impact of Substance Abuse on State Budgets, p. 4.

12. Ibid., p. 52.

13. Ibid., p. 40.

14. Institute of Medicine Report, 2003, Reducing Underage Drinking: A Collective Responsibility, Recommendation 12-7 p. 246.

15. Jernigan, David H., PhD., Walters, Hugh, PhD., "The Potential Benefits of Alcohol Excise Tax Increases in Maryland," Johns Hopkins Bloomberg School of Public Health, December 1, 2009, p. 11.

16. Chaloupka, F.J., Grossman, M. & Saffer, H. (2002). "The effects of price on alcohol consumption and alcohol-related problems," *Alcohol Research & Health*. 26(1):22-34.

17. Cook, P.J. & Moore, J.J. (2002) "The economics of alcohol abuse and alcohol-control policies," *Health Affairs*. 21(2):120-133.

18. Grossman, M., Chaloupka, F.J., Saffer, H. & Laixuthai, A. (1994). "Effects of alcohol price policy on youth: A summary of economic research," *Journal of Research on Adolescence*. 4(2):347-364. Cook, P.J. & Moore, J.M. (1993). Drinking and schooling. *Journal of Health Economics*. 12:411-429.

19. Marin Institute Tax Calculator - <u>http://www.marininstitute.com</u>.

20. The Tax Foundation. State Sales, Gasoline, Cigarette, and Alcohol Tax Rates by State, 2000-2009. Available at <u>http://www.taxfoundation.org/tasdata/show/245.html.</u>

21. "Parents Influence How Teens Think About Substance Abuse: Kids Get Their View of 'Typical' Users from Parents," Society for Research in Child Development, July 17, 2005.

22. "Teenage Drinking: Key Findings," A summary of surveys conducted for the American Medical Association by Teen Research Unlimited and Harris Interactive, Spring 2005.

23. U.S. Preventive Services Task Force. (2004). Fleming, M. F., Barry, K. L., Manwell, L. B., Johnson, K. & London, R. (1997).

KS Leadership to Keep Children Alcohol Free Committee Representatives:

Michelle Voth - Committee co-chair, Kansas Family Partnership, Inc.

Keri Renner - Committee co-chair, Kansas Family Partnership, Inc.

Pete Bodyk - Kansas Dept. of Transportation - Bureau of Transportation Safety and Technology

Steve Halbett - Kansas Dept. of Transportation - Bureau of Transportation Safety and Technology

Gary Caruthers - Kansas Medical Society

Ed Clement - Community volunteer

Tim Edwards - Community volunteer

Jim Hanni - AAA of Kansas

Holly Higgins - Kansas Farm Bureau

Janelle Martin - Douglas County Community Health Improvement Project

Laura Jones - Kansas Department of Education

Larry Kibbee and Lee Kibbee - Kansas Elks

Ed Klumpp - Kansas Association of Chiefs of Police

Debbie Lawson - Kansas PTA

Peggy Mast - Kansas House of Representatives

Mike Padilla and Jim Spence - Kansas Department of Revenue - Alcoholic Beverage Control

Jane Stueve - Kansas Department of Health & Environment

Teresa Walters - Emporians for Drug Awareness

Marlou Wegener - Blue Cross and Blue Shield of Kansas

Capt. Art Wilburn - Kansas Highway Patrol

Norraine Wingfield - Kansas Traffic Safety Resource Office

Sally Zellers - Safe Streets of Topeka/Shawnee County



Kansas Leadership to Keep Children Alcohol Free is an initiative of Kansas Family Partnership, Inc. Contact Information: 5942 SW 29th Street, Suite D Topeka, Kansas 66614 (800) 206-7231 Fax: (785) 266-6149 Web: <u>http://www.kansasfamily.com/getinvolved-ksleadership.cfm</u>